

# Box Factory Community Centre

## Regular Activities/Program Calendar

Location of programs:  
 Box Factory, 59 Regent St South  
 Hutt St Library, 235 Hutt St



Places to share, grow and connect

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday & Sunday
<p>Language @ Hutt Street Library  <b>English Conversation (ESL)</b>                      Join volunteer Nancy for this weekly class to improve your English skills.  <b>10:30am - 12:30pm weekly, free</b> (School Terms only)</p>	<p>Social + Culture  <b>Table Tennis</b>                      All ages and skill levels welcome!                      Pizza Night on the last Tuesday of the month (\$5).  <b>4:00pm - 6:00pm weekly, free</b></p>	<p>Children + Literature @ Hutt St Library  <b>Little Book Worms</b>                      Literacy and numeracy based activities for parent and child 18 months – 4 years.  <b>1<sup>st</sup> &amp; 3<sup>rd</sup> Wednesday of each month 10:30am-11:30am, free</b> (School Terms only).                      Bookings Essential:                      Kat 0417 142 556, email: <a href="mailto:katrina.ochan@sa.gov.au">katrina.ochan@sa.gov.au</a></p>	<p>Health &amp; Wellbeing  <b>Exercise for Seniors</b>                      Open to all levels of fitness ability. Improve aerobic levels, strength, balance and flexibility. Chair based and movement exercises.  <b>4:00pm - 5:00pm weekly, \$5</b></p>	<p>Social + Culture  <b>Table Tennis</b>                      All ages and skill levels welcome!  <b>4:00pm - 6:00pm weekly, free</b></p>	<p>Art &amp; Craft  <b>Crafty Noons</b>                      Bring along a project, all abilities welcome. Sewing machines, iron and ironing board are available.  <b>2:00 pm - 5:00pm</b>  <b>2<sup>nd</sup> and 4<sup>th</sup> Sunday of the month, \$2 per session.</b>                      Visit: their <a href="#">Facebook page</a>.</p>
<p>Language @ Hutt Street Library  <b>Red Cross English One-on-One Tutoring (ESL)</b>                      Join Red Cross ESL trained and experienced volunteers. For more information or to register and brief English assessment attend on the day and speak with Jan, Red Cross volunteer.  <b>1:00pm-3:00pm, weekly, free</b> (School Terms only).</p>	<p>Health &amp; Wellbeing  <b>Meditation</b>                      Free 4 part mediation courses by Sri Chinmoy Centre.  <b>6:00pm – 7:00pm Weekly, free (various start dates).</b> Visit: <a href="http://www.freemeditationadelaide.org">www.freemeditationadelaide.org</a></p>	<p>Language @ Hutt Street Library  <b>Spanish Classes</b>                      Elena, volunteer and native Spanish speaker. Relaxed, informal, conversation class.  <b>Class 1 - Beginners 10:30am</b>  <b>Class 2 – Beginners 11:30am</b>  <b>Class 3 – Inter/Adv 1:00pm</b>  <b>Weekly – 1 hour classes, free</b> (School Terms only)  <b>Registrations essential</b></p>	<p>Health &amp; Wellbeing  <b>Cooking Workshops</b>                      There will be various cooking classes throughout the year. Sign up to the mailing list to learn about future events!  <b>6:00pm – 8:00pm, various dates.</b>  <b>Cost: Free to \$10</b></p>	<p>Language  <b>English Conversation (ESL)</b>                      Join volunteer Thor to practice holding longer conversations.  <b>6:00pm - 8:00pm fortnightly, \$2.</b> Visit: their <a href="#">meetup group webpage</a></p>	<p>Literature  <b>Bindii Japanese Genre Poetry</b>                      All welcome.  <b>12:30pm - 2:30pm</b>  <b>1<sup>st</sup> Sunday of every second month from February, free.</b> Visit: <a href="http://www.haiku-bindii.blogspot.com.au">www.haiku-bindii.blogspot.com.au</a></p>
<p>Literature  <b>Novelist's Circle I</b>                      Writers' support group  <b>6:30pm – 8:30pm</b>  <b>2<sup>nd</sup> Monday of the month (except 5 March, none in July), \$3 per session</b></p> <p><b>Novelist's Circle II</b>  <b>6:30pm – 8:30pm</b>  <b>3<sup>rd</sup> Tuesday of the month, \$2 per session</b>  <a href="http://www.sandyvaile.com/th-e-novelists-circle.html">http://www.sandyvaile.com/th-e-novelists-circle.html</a></p>	<p>Health &amp; Wellbeing  <b>Men's Group</b>                      Build community and friendship through sharing life issues in a supportive environment.  <b>7:30 – 10:00pm</b>  <b>2<sup>nd</sup> Tuesday of each month, \$2.</b> Visit: their <a href="#">meetup group webpage</a></p>	<p>Language  <b>Esperanto</b>                      Join to talk, laugh and learn. All welcome.  <b>6:00pm – 8:00pm</b>  <b>1<sup>st</sup> Wednesday of the month, free</b></p>	<p>Community Meeting  <b>South East City Residents Association (SECRA)</b>                      Local residents group.  <b>6:00pm - 7:00pm, various dates, free,</b>  <b>Email:</b> <a href="mailto:secra.sa@gmail.com">secra.sa@gmail.com</a></p>	<p>Special Interest Group  <b>Carrousel Club</b>                      Community self-help group for transgender persons and their partners.  <b>7:00pm - 10:00pm</b>  <b>1<sup>st</sup> Friday of the month, free.</b> Visit their <a href="#">Facebook page</a>.</p>	<p>Special Interest Group  <b>Labour History Society</b>                      Public talks on various topics.  <b>1:30pm – 4:30pm</b>  <b>3<sup>rd</sup> Sunday bi-monthly, free.</b> Visit: <a href="http://www.labourhistory.org.au">www.labourhistory.org.au</a></p>
<p>Literature  <b>Comics with Friends and Strangers</b>                      Draw comics, practice, express yourself, share knowledge.  <b>6:30pm – 10:30pm</b>  <b>3<sup>rd</sup> Monday of the month, free.</b> Visit: their <a href="#">Facebook page</a></p>	<p>Special Interest Group  <b>Adelaide Park Lands Preservation</b>                      Committee meeting.  <b>2<sup>nd</sup> Tuesday of the month, 6:00pm – 7:30pm, membership fees may apply.</b> Visit: <a href="http://www.adelaide-parklands.asn.au">www.adelaide-parklands.asn.au</a></p>	<p>Arts &amp; Craft  <b>On the Fly</b>                      Improvisation theatre workshop.  <b>7:30pm – 9:30pm</b>  <b>various dates, from \$8 per session.</b> Visit: <a href="http://www.ontheflyimpro.com">www.ontheflyimpro.com</a></p>	<p>Community Meeting  <b>Neighbourhood Watch</b>                      Quarterly meeting.  <b>6:00pm - 7:00pm, various dates, free.</b>  <b>Email:</b> <a href="mailto:nhwadelaide@gmail.com">nhwadelaide@gmail.com</a></p>		<p>Special Interest Group  <b>Australian Friends of the Camino</b>                      Public talks and pilgrim gatherings.  <b>1:00pm – 5:00pm</b>  <b>various dates, free.</b> For more information call (08) 8370 8182.</p>
<p>Computing  <b>Adobe User Group - AUGSA</b>                      Free tutorials and training, tips and tricks using this software.  <b>5:30pm - 7:00pm</b>  <b>Quarterly on Mondays</b>                      Visit: <a href="http://www.digitallamb.com.au/adobe-ug/">www.digitallamb.com.au/adobe-ug/</a></p>	<p>Health &amp; Wellbeing  <b>Narcotics Anonymous</b>                      Support group for men and women for whom drugs have become a problem.  <b>6:30pm – 8:30pm</b>  <b>weekly, free.</b>  <a href="http://www.na.org.au">www.na.org.au</a></p>	<p>Special Interest Group                      Public Speaking &amp; Presentation  <b>Rostrum 11</b>  <b>6.00pm – 8.00pm</b>  <b>2<sup>nd</sup> &amp; 4<sup>th</sup> Wednesday of each month.</b> Visit: <a href="http://www.rostrum.com.au">www.rostrum.com.au</a></p>	<p>Music  <b>SCALA workshops</b>                      Musician workshops. All welcome.  <b>7:30pm – 10:00pm</b>  <b>Usually 4<sup>th</sup> Thursday of the month, free.</b> To confirm dates visit: <a href="http://www.scala.org.au">www.scala.org.au</a></p>		<p>Special Interest Group  <b>South Australian Voluntary Euthanasia Society (SAVES)</b>                      Public talks and discussions.  <b>2:15pm</b>  <b>22 April &amp; 4 November, free.</b> Visit: <a href="http://www.saves.asn.au">www.saves.asn.au</a></p>
<p>Literature  <b>Friendly Street Poets</b>                      Open mic poetry reading. All welcome!  <b>6:00pm – 9:30pm</b>  <b>1<sup>st</sup> Monday of the month, free to attend, \$5 per reader.</b> Visit: <a href="http://www.friendlystreetpoets.org">www.friendlystreetpoets.org</a></p>		<p>Health &amp; Wellbeing  <b>Master Lee's Tai Chi/Qi Gong</b>                      For better health, wellbeing and social connection.  <b>6:00 – 7:00pm</b>  <b>weekly (April - October), \$12 per session</b></p>			<p>Special Interest Group  <b>Sunday Assembly Adelaide</b>                      Sing songs, hear inspiring talks, and create community together regardless of faith.  <b>10:00am – 1:00pm</b>  <b>3<sup>rd</sup> Sunday of the month, free.</b> Visit: <a href="http://www.sundayassembly.com">www.sundayassembly.com</a></p>
<p>Social + Culture  <b>Baptist Care – Friendship Program</b>                      Become a volunteer and befriend a refugee.  <b>6:00pm – 8:30pm, various dates.</b> To RSVP visit: <a href="https://www.baptistcaresa.org.au/get-involved/volunteer">https://www.baptistcaresa.org.au/get-involved/volunteer</a></p>		<p>Health &amp; Wellbeing  <b>Crohn's &amp; Colitis</b>                      Support group for all impacted by Irritable Bowel Disease.  <b>7:00pm – 9:00pm</b>  <b>2<sup>nd</sup> Wednesday of the month, free</b>  <a href="http://www.crohnsandcolitis.com.au">www.crohnsandcolitis.com.au</a></p>			<p>Health &amp; Wellbeing  <b>AA breakfast meeting</b>                      Self-help group to recover from alcoholism.  <b>7:30am - 8:30am, Saturday, weekly, free</b>  <a href="http://www.aa.org.au">www.aa.org.au</a></p>